



The Reiki Brigade

peace through energy healing

Serving others and raising awareness of the benefits of Reiki by offering demonstrations, presentations, and workshops within underserved populations and large institutions.

"How wonderful it is that nobody need wait a single moment before starting to improve the world."
—Anne Frank

Reiki for veterans



Reiki for women in transition



Reiki for medical students



Reiki Brigade Programs: *Reiki for everyone!*

The benefits of offering mini Reiki sessions to underserved populations and within established institutions on an ongoing basis are many, including:

- Providing support and relief to traumatized and distressed people.
- Educating entire communities as to the numerous and comprehensive benefits of Reiki.
- Providing Reiki channels and practitioners with opportunities to grow and learn.
- Raising awareness and the image of Reiki within the greater community, thereby increasing its market value as a viable career choice.
- Actively elevating the collective vibration of the Universal, energetic field.

To accomplish these goals, the following outreach opportunities have been developed:

Reiki at Jesse Brown VA Medical Center and Lovell Federal Healthcare Center

(For Reiki Level 2 Practitioners and above)

Reiki practitioners offer 10-15 minute Reiki sessions to veterans and staff within these two VA facilities on a regular basis. We have many repeat customers and there is potential for this program to expand in response to popular demand. We are excited at the prospect of conducting clinical trials within these populations, though everything moves very slowly at the VA. We'd love for you to join us or create a similar model at your local VA. Help us move this collaboration forward!

Note: You can find out more about the origination and development of this program here:
<http://www.herestherub-llc.com/good-deeds/reiki-for-vets-article-2/>

Reiki at Maria Shelter

One evening each month a pair of Reiki practitioners offers 10-15 minute Reiki sessions to homeless women and children in conjunction with the facility's U of C Pritzker School of Medicine Student Clinic. We are also offering Reiki classes to this population as a means to provide them with self-care, as well as give new Reiki Master Teachers opportunities to practice their Level 1 course delivery. It's a great way to share Reiki with those in need!

Reiki at U of C Pritzker School of Medicine

Through our connection with U of C, a group of Reiki practitioners offers 10-15 minute Reiki sessions to stressed out medical students and the occasional faculty member on an ongoing basis. This is an incredible opportunity to educate tomorrow's doctors about the importance of the mind/body connection and numerous benefits of Reiki through direct experience. It is commendable that the school is becoming more open to integrative approaches, and supporting its student body in this way. Let's make the most of it!

To join our team, complete the following application.

Reiki Brigade Application

Thank you for your interest in joining our team! Successful candidates will be enthusiastic Reiki channels, effective and confident in communication about Reiki, reliable, and professional. We are ambassadors and the way we present ourselves impacts the way Reiki is received.

_____ Name	_____ Mobile Phone	_____ Email Address
_____ Home Address	_____ City	_____ State, Zip
_____ Business Name	_____ Business Phone	_____ Biz Site URL
_____ Business Address	_____ City	_____ State, Zip
_____ Years in Practice	_____ Do you teach Reiki?	_____ If yes, what levels?

Please provide the following documentation:

- ___ **Certification:** Your latest Reiki Certification.
- ___ **Liability Insurance:** A current liability insurance policy.¹ If you do not have insurance, you may want to wait until you have successfully completed the other steps in the application process before making this investment.
- ___ **Contract:** A signed copy of the *Reiki Outreach Program Ethics and Standards of Practice*.

I am interested in offering Reiki as part of the following program(s):

- ___ **Reiki at Jesse Brown VA**, serving veterans and hospital staff.
- ___ **Reiki at Lovell Federal Healthcare Center**, serving veterans and hospital staff.
- ___ **Reiki at Maria Shelter**, serving homeless woman and their children on Chicago's south side.
- ___ **Reiki at University of Chicago Pritzker School of Medicine**, serving medical students and faculty.
- ___ **Reiki Everywhere**, I would like help spearheading a new program for the following population:

Please deliver your completed application and all accompanying documentation to:

Heather McCutcheon, Volunteer Coordinator: herestherub@gate.net, 773.771.3404

After receiving the items listed above, Heather will contact you to conduct a one-on-one interview either by phone or in person. Following the interview, you will be asked to provide two professional references.

Having successfully completed these steps, you will be given access to the calendar of events so you can sign up for volunteer shifts. Additional orientation or training may be necessary, depending on the populations you choose to support. We hope to be offering Reiki alongside you soon!

¹ If you are a massage therapist, nurse, doctor, yoga instructor, psychotherapist, or in another health-related field, check your current liability

Reiki Brigade Ethics and Standards of Practice

We offer Reiki to our partner populations to serve those populations, raise awareness of the benefits of Reiki, improve the image of Reiki within our greater community, and shift the paradigm of wellness towards a more holistic, mind/body approach. With that in mind, we ask that you honor these standards when representing Reiki within Reiki Brigade Outreach Programs and elsewhere.

1. **Liability:** In addition to providing proof of liability insurance at the onset of your service with these Reiki Outreach Programs, you must maintain your insurance policy throughout the duration of your involvement.
2. **Indemnity:** In agreeing to assume responsibility for your own actions, you indemnify the Volunteer Coordinator in the event of illness or injury resulting from your participation.
3. **Professionalism:** Project a professional image for yourself and the practice of Reiki. Dress appropriately/conservatively. Be on time. Value Reiki recipients who honor us with their trust and treat them with respect. *Never make sexual comments, jokes, innuendos, or touch Reiki recipients inappropriately.* The root chakra (and heart chakra for women) is to be accessed via hovering in the field. Be mindful of how this may appear to onlookers unfamiliar with our work.
4. **Ambience:** Create as safe, comfortable, and harmonious a space for the sessions as possible, making the most of seating, lighting, music, temperature, and aroma.
5. **Waivers:** All recipients must sign and date the provided waiver before their session. Practitioners either sign or initial the form where indicated.
6. **Educate:** Inform Reiki recipients of the benefits of Reiki, and that Reiki is not a substitute for medical attention. If someone has a medical or psychological condition, suggest that in addition to receiving Reiki, they also see a licensed healthcare provider.
7. **Non-Interference:** We do not diagnose medical or psychological conditions or prescribe medications. We never suggest that a client change or end dosages of substances prescribed by other licensed healthcare providers or interfere with the prescribed treatment of a licensed healthcare provider.
8. **Confidentiality:** In compliance with HIPAA laws, no information about Reiki recipients is to be disclosed to any third party without the written consent of the client or the parent or guardian if the client is under 18 years of age.
9. **Value:** Because we are working to elevate the perceived value of Reiki in our greater community, our outreach programs involve free, 10-15 minute Reiki demos. In the event there is not a continuous flow of Reiki recipients, use your discretion in offering longer sessions bearing the following in mind: We are providing a valuable service to educate the general population and benefit underserved populations, such as the homeless, etc. **We are not** providing free, hour-long, spa services for people who can well afford to come to our offices and pay us for them. In the event our volunteer shifts become usurped by staff members getting free Reiki sessions at the expense of the populations we are trying to serve, we will sever our relationship with the offending organization.
10. **Respect:** Respect all Reiki practitioners, teachers and practices regardless of lineage. We are all on the same team.
11. **Self Care:** Use Reiki and all other means available to you to continue healing yourself on all levels so as to fully express the Reiki Principles in all facets of your life.
12. **Transparency:** If you see another volunteer behaving in a manner inconsistent with these Standards, please bring it to the attention of the Volunteer Coordinator.

I agree to comply with the Ethics and Standards set forth in this document. I acknowledge that failure to comply may result in consequences ranging from my dismissal from Reiki Brigade programs to legal ramifications.

Print Name

Signature

Date